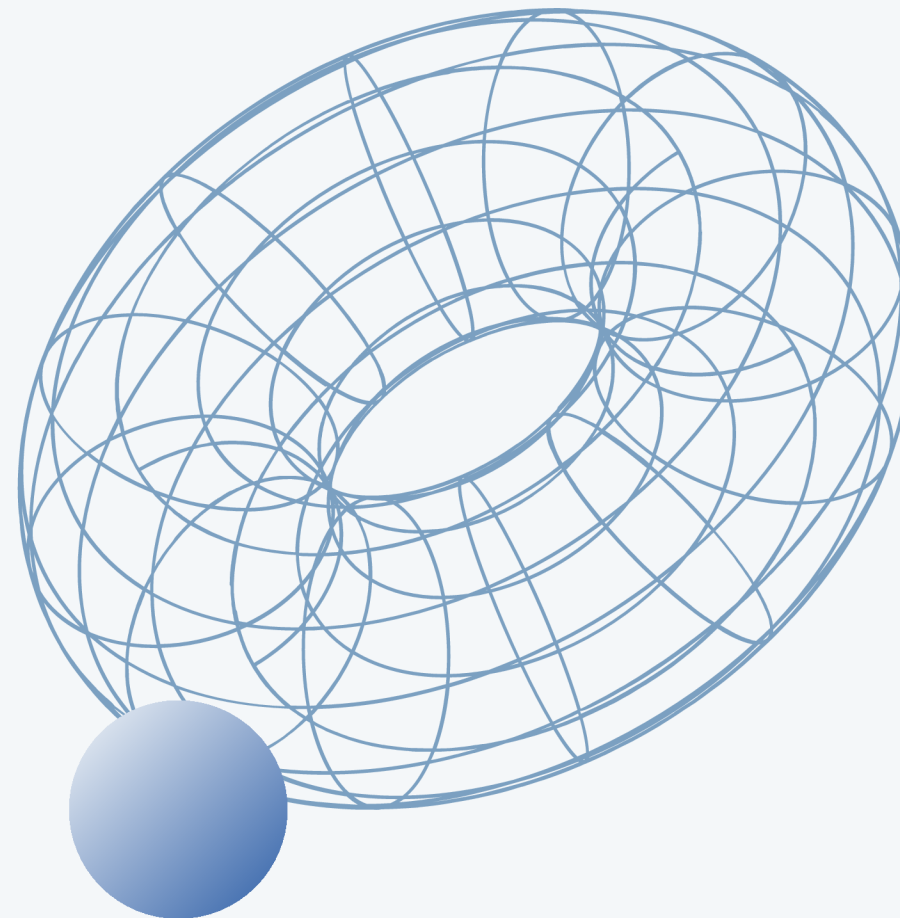# Curriculum Overview for Peer Support Practices

Enhancing skills for Peer Support Specialists and Supervisors

Building Core Competencies in Peer Support

This curriculum enhances **ethical decision-making** and practical skills for Peer Support Specialists, aiming to create **inclusive environments** that promote recovery, competency, and confidence in behavioral health settings for both specialists and supervisors.

Curriculum Modules: Blended Learning for Peer Support

01

Asynchronous modules enhance knowledge through self-paced learning and interactive resources.
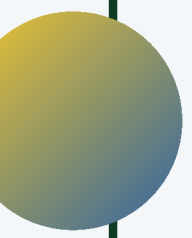
02

Instructor-led sessions provide direct mentorship and collaborative discussions among participants.

03

Practical applications focus on real-world coaching and feedback to strengthen peer support skills.

Key Learning Objectives

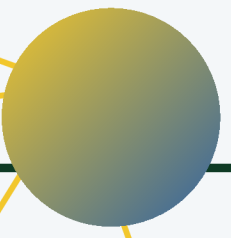Focused on core competencies and ethical practices

Core Competencies

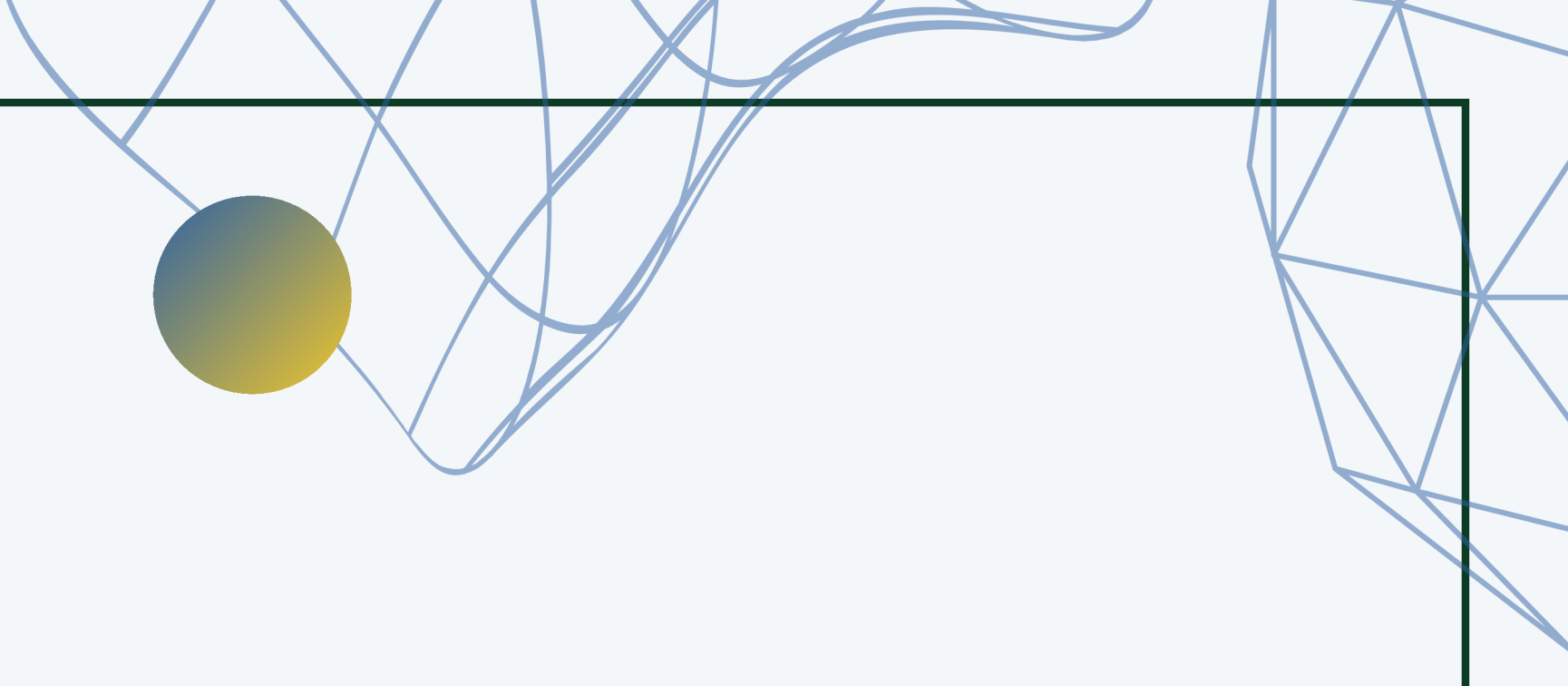Develop essential skills for effective peer support.

Ethical Practices

Emphasize the importance of ethical decision-making.

Supportive Environments

Foster inclusive spaces that promote recovery-oriented practices.

Blended Learning Approach: Engaging and Effective

01

Asynchronous modules provide flexibility for learners to study at their own pace.

02

Instructor-led sessions ensure **interactive discussions** and hands-on practice in peer support techniques.
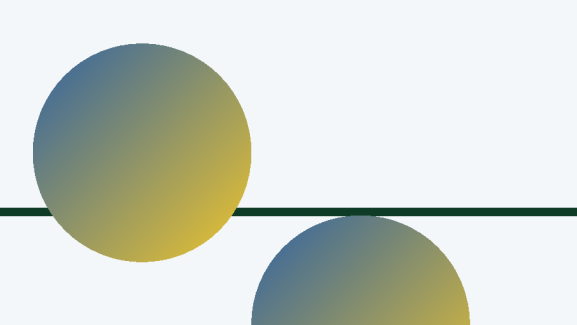
03

Real-world application through **coaching and feedback** enhances practical skills and competency.

04

Focus on **ethical decision-making** supports responsible and effective peer support practices.

05

Continuous evaluation metrics ensure **learning outcomes** are met and competencies are developed.

"**Empowerment** is the key to effective peer support, fostering growth, resilience, and a sense of belonging in the recovery journey."

– Unknown